

# UNITED WAY OF BEMIDJI AREA GUIDELINES FOR VOLUNTEERS DURING COVID-19



United Way of Bemidji Area has a priority of keeping all volunteers and their families safe during this national emergency. We understand that those who are not suffering from the virus may want to volunteer their time. These are general guidelines designed to keep you safe so you can help others and we can all get through this crisis together.

**Our primary goal is to protect volunteers, clients, and service agencies.**

## **General Guidelines for Volunteers:**

- DO NOT volunteer for any activity if in the last 14 days you have:
  - Traveled to any foreign country or to California, Washington, New York, Washington DC, or Chicago (Please understand this list may change on short notice)
  - Been sick
  - Been on a cruise or in an airport
  - Been exposed to anyone who has COVID-19
  - Been to an event where more than 250 people were in attendance
- DO practice universal infection control precautions. Wash your hands for 20 seconds before, during, and after volunteering.
- EXPECT that shifts or other volunteer opportunities may be cancelled; especially volunteer opportunities with vulnerable populations. Please be gracious and understanding.
- BEFORE arriving for a volunteer shift, call ahead to the service agency and ask if any additional safety precautions should be taken before, during, and after the shift.
- ASK about any risk that may be associated with the task and DO NOT take part if you are uncomfortable with the level of risk.
- DO maintain a 6-foot separation from others while conducting the task, if possible.

**GIVE. ADVOCATE. VOLUNTEER.**  
**LIVE UNITED**